

***"What does the "X" next to some of our swimmers' names at meets mean?"***

Per league rules, we are only allowed to enter 5 scoring swimmers in each event. In an attempt to get our swimmers swimming more in meets (and having more opportunities for achieving qualifying times and experience), we put in more than 5 swimmers and list those additional swimmers as "X" or "Exhibition". These swimmers' times still count, they just can't score for the team. It is likely that we will have to enter some agegroups in only one event per swimmer at some of the lake meets (due to challenges/time constraints of running meets at lakes).

***"What does "NT" mean?"***

The computer automatically selects the swimmer's best time in each entered event. A "NT" means we do not have a time in our computer for that swimmer in that event. These swimmers are placed in a slower heat by default. If you know your swimmer's times, please list them and email them to Coach Soutter at [gsoutter@krhs.net](mailto:gsoutter@krhs.net) (especially if you are new to the Barracudas from another team). If you don't know your swimmer's times yet, don't worry about it- they will be automatically recorded as we go.

***"What does a "DQ" mean?"***

The swimmer was disqualified for doing something wrong on their stroke, start, or turn. Usually, the Referee notifies a coach so they can talk to the swimmer. Sometimes in the fast pace life of a meet, it is difficult to get to everyone so please be understanding. Parents and coaches should encourage the swimmer to look at a DQ as a learning experience, and not as a failure.

***"My child can't swim Fly- they will DQ!"***

This happens. All swimmers will swim all events throughout the course of the season. One reason for this is for the swimmer to gain the experience- both psychologically and physically- of swimming events they are good at, and the ones they are not good at yet. It also prevents other children from getting locked into those more difficult events all the time.

***"Why are my swimmer's times so slow at lake meets?"***

Lake meets are considered Long Course Meters and pools are Short Course Yards. As meters are a slightly longer distance than yards, times will appear slower. To see how the times compare, you can multiply a yard time by 1.1 to get a meter time, or divide a meter time by 1.1 to get a yard time. You must change the time to all seconds ( 1:20 to 80 seconds) before converting. Our computer system automatically does this in managing our swimmers' data.

If you have any questions, please don't hesitate to inquire at the info table at practice.